

## Physiological Reactions Induced by Larval *Ascaris suum* Infection

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(Accepted February 9, 1996)

### Abstract

Effects of the infection with larval *A. suum* on the immune system seem to be primarily induced by the tissue injury of target organs. In this study, the tissue damage caused by the larval migration was substantiated by measuring enzymatic activities. The activities of both transaminases, GOT and GPT in sera of infected mice peaked on the 5th day of infection when the number of larvae in the liver was maximal. The total activities of histidine decarboxylase (L-histidine carboxylase, EC 4.1.1.22) (HDC) in the liver or in the lung increased when the larvae migrated to respective organs. The infected mice normally recovered from the debility after the remove of larvae from the lung. However, the administration of a histamine H<sub>2</sub>-receptor antagonist, famotidine, interfered with the recovery. In the circulation, the corticosterone level significantly increased from the 3rd day and peaked on the 7th day of infection ( $p < 0.01$ ). On the other hand, catecholamines (adrenalin, noradrenalin and dopamine) significantly decreased to below normal levels on the 8th day ( $p < 0.02$ , 0.05 and 0.01, respectively). These data suggest that the systemic feedback regulation with corticosterone that is induced by local tissue damages may affect the immune system.

**Key words:** larval *Ascaris suum* infection; glutamic oxaloacetic transaminase; glutamic pyruvic transaminase; histidine decarboxylase; corticosterone; catecholamine.

### Introduction

The larvae of *Ascaris suum* migrate through the liver and lung in mice, resembling that in its definitive host, the swine and being synchronous (Sprent, 1952; Mitchell *et al.*, 1976). Our study have shown that the infection largely affects the murine immune system (Komatsu *et al.*, 1996). Although the infection induces the bulk of immunoglobulin synthesis after the remove of larvae from the lung, it suppresses antibody responses against unrelated antigens administered a few days before or after the infection (Crandall *et al.*, 1971; Crandall *et al.*, 1976; Komatsu *et al.*, 1996). The dramatic change in

the composition of splenocytes seems to reflect the abnormality in immune responses.

The immune system is bi-directionally linked with the nervous and endocrine systems (Blalock, 1989; Goetzl *et al.*, 1990). Therefore, the immunological phenomena seen in the host infected with parasites should be generally considered as results of systemic, physiological reactions. Stimuli that induce physiological reactions are integrated as stress. Stresses modulate immune responses in various ways depending on the nature and intensity of the stimuli (Stein *et al.*, 1985). However, the intense stress such as tissue damage generally induces immunosuppression through the release of glucocorticoids (Freire-Garabal *et al.*, 1991; Munck *et al.*, 1984; Stein *et al.*, 1985).

The helminth infection is considered as a stressful event probably with both cognitive and noncognitive stimuli. The cognitive stimuli may be generated by dynamic movement. Although it is

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difficult to assess the sole effect of the cognitive stimuli, some products resulting from tissue damages or subsequent inflammatory reactions can stimulate the central nervous system. Noncognitive stimuli such as antigens are trapped by immune systems. The latter stimuli may be also transmitted to the neuroendocrine system through the production of cytokines and peptide hormones when the production is serious (Blalock, 1989; Goetzl *et al.*, 1990).

In mice infected with *A. suum* larvae, the thymic atrophy and the change in cellular composition are seen together with the splenic perturbation. This suggests the operation of systemic feedback regulation. Our studies on analyses of kinetics of cellular or humoral parameters have suggested that the regulation may be primarily induced by the tissue damage of target organs.

In this study, we present data showing the abnormality in target organs by means of enzymic activities such as transaminases and HDC. We also show the change in corticosterone and catecholamine levels in the circulation as the proof of the operation of feedback regulation.

## Materials and Methods

### Animals

Female BDF1 mice at 7 weeks of age were obtained from Shizuoka Laboratory Animal Center (Hamamatsu, Japan).

### Infection with *Ascaris suum* larvae

The coats of fertilized eggs obtained from the uterus of adult *Ascaris suum* were removed with 10% NaOCl and incubated at 28°C for 4 weeks. Mice were infected with  $1 \times 10^4$  embryonated eggs each by stomach intubation.

### Serum and plasma

To assay transaminases, serum was separated from blood taken by heart puncture. To assay corticosterone and catecholamines, heparinized blood was collected in the absence (corticosterone) or in the presence (catecholamines) of sodium metabisulfite (0.5 mg/ml) from guillotined mice and immediately centrifuged at 4°C. Serum and plasma samples were frozen until use.

### Plasma catecholamines

Nine hundred microliters of 3% perchloric acid containing 2 mM EDTA-2Na and  $\text{Na}_2\text{S}_2\text{O}_5$  was added to 100  $\mu\text{l}$  of plasma, then the mixture was centrifuged at  $10,000 \times g$  for 30 min at 4°C. Adrenaline, noradrenaline and dopamine in 500  $\mu\text{l}$  of the deproteinized plasma were determined using a fully automated HPLC-fluorometric system (HLC-8030 Catecholamine Analyzer, Tosoh, Tokyo, Japan), by means of a diphenylethylenediamine condensation method (Nohta *et al.*, 1984).

### Corticosterone

The corticosterone concentration in the plasma was determined by radioimmunoassay using a  $^{125}\text{I}$  corticosterone kit specifically designed for murine plasma (ICN Biomedicals, Inc., Costa Mesa, CA). In the assay, the reaction between a limited amount of rabbit anti-corticosterone antibody and the corresponding hormone labeled with a radioisotope was inhibited with the unlabeled hormone in test samples.

### Transaminases

Activities of glutamic oxaloacetic transaminase (GOT) and glutamic pyruvic transaminase (GPT) were measured by means of the POP. TOOS method (pyruvate oxidase, N-ethyl-N-(2-hydroxy-3-sulfopropyl)-m-toluidine and 4-aminoantipyrine) using kit (Transaminase CII-test, Wako Pure Chemical Industries, Ltd., Osaka, Japan). Activities are expressed as Karmen units.

### Histidine decarboxylase activity

HDC activities of whole liver and lung from BDF1 mice infected with *A. suum* larvae were assayed as described (Kawaguchi-Nagata *et al.*, 1988). Briefly, the organs were homogenized in cold solution A (0.1 M potassium phosphate buffer, pH 6.8, 0.2 mM dithiothreitol, 0.01 mM pyridoxal 5'-phosphate, 1% polyethylene glycol 300, and 0.5  $\mu\text{g}/\text{ml}$  each of leupeptin and chemostatin). The homogenate (final volume of 3 ml) was centrifuged at  $10000 \times g$  for 20 min and the supernatant was dialyzed extensively against solution A at 4°C. The dialysate (0.5 ml) was incubated with an equal volume of 0.25 mM L-histidine or solution A at 37°C for 15 h, then a small volume of perchloric acid (finally 3%) was

added to the reaction mixture. Histamine in the supernatant was separated from histidine and measured fluorometrically using o-phthalaldehyde in an HPLC system as described (Yamatodani *et al.*, 1985).

### Statistical analyses

Data are expressed as the means and standard errors. The significance of the data was evaluated by Student's t-test.

## Results

### Transaminase activities

Transaminase activities in sera of mice infected with  $1 \times 10^4$  embryonated eggs of *A. suum* were assayed colorimetrically (Fig. 1). The normal levels of GOT and GPT activities were  $148.8 \pm 22.5$  and  $21.1 \pm 1.5$  Karmen units, respectively. Both enzymatic activities increased in parallel from the 3rd day of infection and peaked on the 5th day. The peak activities of GOT and GPT were  $642.3 \pm 121$  and  $557.6 \pm 156$  units, respectively. The 5th day of infection corresponded with the time when the concentration of larvae in the liver was maximal. The remarkable increases in both enzymatic activities were transient and returned to the normal levels on the 8th

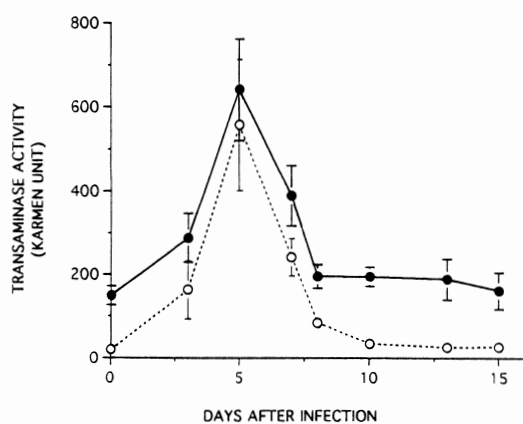


Fig. 1 Transaminase activities in sera from infected mice. BDF1 mice were infected with  $1 \times 10^4$  embryonated eggs of *A. suum*. Transaminase activities are expressed as Karmen units. ●, glutamic-oxaloacetic transaminase (GOT); ○, glutamic-pyruvic transaminase (GPT); vertical bars, standard errors (SE).

(GOT) or 10th days (GPT) after the infection. The statistical significance of the increases in GOT activity from the 3rd to the 7th day was  $0.01 < p < 0.05$  and that in GPT activity from the 5th to the 7th day was  $P < 0.01$  or  $P < 0.05$ .

### Histidine decarboxylase activities

The total HDC activities in the whole liver and lung of infected mice were assayed and expressed as picomols per minute per organ (pmol/min/organ) (Fig. 2). Each value is the mean of 3 results and the standard error. The activities in the normal liver and lung were  $0.156 \pm 0.049$  and  $0.191 \pm 0.016$  pmol/min/organ, respectively. The levels in both organs increased from the 4th day of infection. However, the enzymatic activity in the liver peaked on the 6th day of infection, whereas that in the lung peaked on the 8th day of infection. The peak levels were  $1.960 \pm 0.225$  pmol/min/organ ( $p < 0.01$ ) in the liver and  $6.570 \pm 1.753$  pmol/min/organ ( $p < 0.1$ ) in the lung. Therefore, HDC activity of the latter organ was elevated about 34-fold by the infection. Even on the 13th day, the activity ( $3.757 \pm 0.798$  pmol/min/organ at  $p < 0.05$ ) was still high in this organ. To confirm that the assayed activities were those of endogenous HDC, the extract from  $1 \times 10^5$  embryonated eggs was tested by the same means. No activity was detected in the extract.

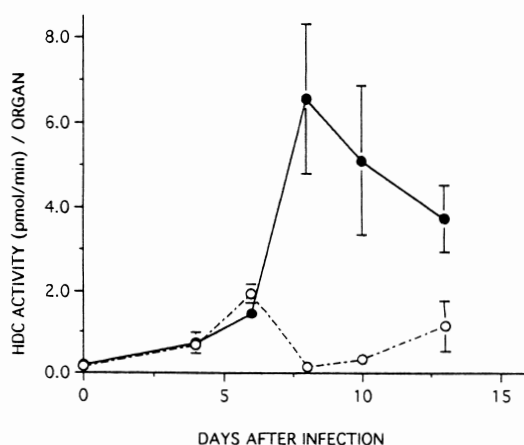


Fig. 2 L-histidine decarboxylase (HDC) activities in organs of infected mice. HDC activities are expressed as pmol/min/organ. ●, lung; ○, liver; vertical bars, SE.

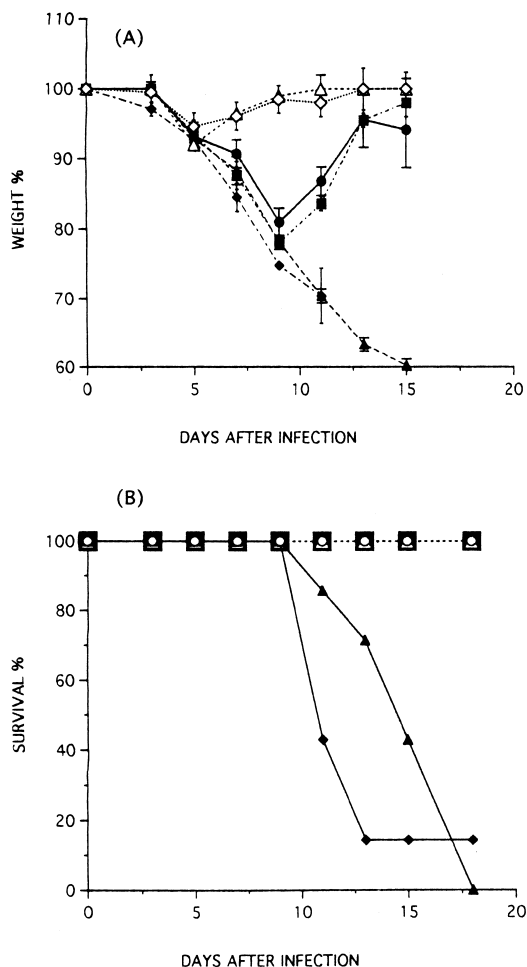


Fig. 3 Effects of a histamine  $H_2$ -receptor antagonist (famotidine, FA) on the recovery of infected mice. Normal mice or those infected with *A. suum* received two intraperitoneal injections (8 hours interval) of 0.1 ml of saline or saline containing 10, 30 or 100  $\mu\text{g}$  of FA daily from the 3rd to the 9th day of infection. (A), changes in the weight of the mice. Data are expressed as percentages of the preinfection weight of the respective groups.  $\diamond$ , normal mice given saline;  $\triangle$ , normal mice given 30  $\mu\text{g}$  of FA;  $\bullet$ , infected mice given saline;  $\blacksquare$ , infected mice given 10  $\mu\text{g}$  of FA;  $\blacktriangle$ , infected mice given 30  $\mu\text{g}$  of FA;  $\blacklozenge$ , infected mice given 100  $\mu\text{g}$  of FA; vertical bars, SE. (B), Mice survival. Data are expressed as percentages of original number of respective group.  $\circ$ , infected mice given saline;  $\triangle$ , normal mice given 30  $\mu\text{g}$  of FA;  $\blacksquare$ , infected mice given 10  $\mu\text{g}$  of FA;  $\blacktriangle$ , infected mice given 30  $\mu\text{g}$  of FA;  $\blacklozenge$ , infected mice given 100  $\mu\text{g}$  of FA; vertical bars, SE.

#### Effects of a histamine $H_2$ -receptor antagonist (famotidine)

The physiological significance of the increase in HDC activity was tested using the  $H_2$ -receptor antagonist, famotidine (FA). Four groups of mice (7 mice/group) were infected with  $1 \times 10^4$  embryonated eggs of *A. suum*. Each group received two intraperitoneal injections per day (8 hour intervals) of 0.1 ml of saline or saline containing 10, 30 or 100  $\mu\text{g}$  of FA from the 3rd to the 9th day of infection. One group of normal mice received injections of 30  $\mu\text{g}$  FA. As seen in Fig. 3A, the infected mice lost body weight from the 5th day of infection. The loss of weight of the saline group of infected mice was maximal on the 9th day (about 20%). On the 13th day, the loss was almost recovered. The weight of the group of infected mice given 10  $\mu\text{g}$  of FA was similar to that of the saline group. However, weight loss in the infected mice given 30 or 100  $\mu\text{g}$  of FA never recovered and both groups began to die from the 11th day (Fig. 3B). FA itself (at least a series of 30  $\mu\text{g}$  injections, total dose, 420  $\mu\text{g}$ ) had no effect on uninfected mice.

#### Corticosterone in plasma

The corticosterone concentrations in plasma of mice that were infected with  $1 \times 10^4$  embryonated eggs of *A. suum* were determined by radioimmunoassay. Data are expressed as means and standard errors of four samples (Fig. 4). The corticosterone concentration in normal plasma was  $155 \pm 14.8$  ng/ml. In plasma from infected mice, that increased from the 3rd day with at least 2 peaks. The concentration at the first peak on the 3rd day was  $226.5 \pm 32.2$  ng/ml ( $p < 0.1$ ) and that at the second peak on the 7th day was  $351.25 \pm 50.2$  ng/ml ( $p < 0.01$ ). Therefore, the corticosterone level in the circulation was maximally elevated about 2.3-fold by the infection. The kinetics resembled that of IL-6 that was shown in our separate report (Komatsu, *et al.*, 1996). The correlation coefficient ( $R^2$ ) between the corticosterone and IL-6 concentrations was 0.827.

#### Catecholamines in plasma

The kinetics of adrenalin, noradrenalin and dopamine concentrations in plasma from infected mice are shown in Fig. 5. The respective normal levels were  $28.33 \pm 6.68$ ,  $25.63 \pm 4.84$  and  $3.64 \pm 0.87$

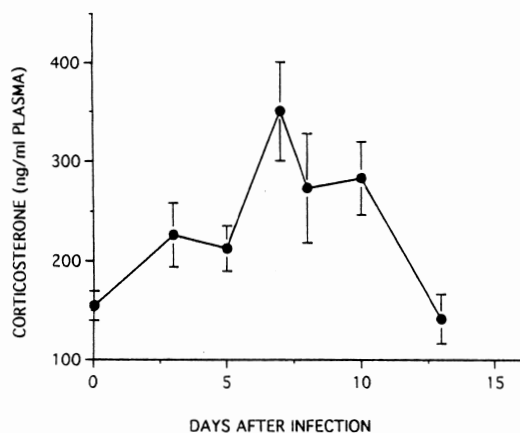


Fig. 4 Increase in corticosterone concentration in plasma of infected mice. The concentration is expressed as ng/ml plasma. Vertical bars, SE.

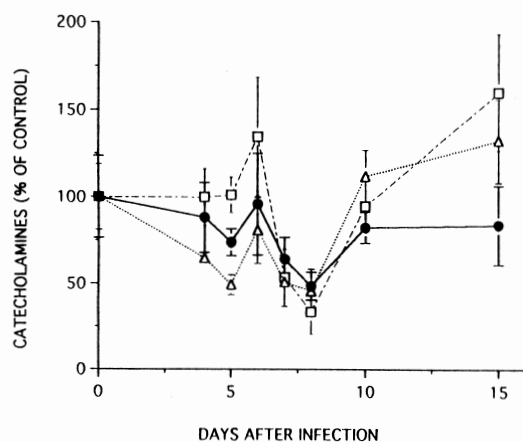


Fig. 5 Change in the concentrations of plasma catecholamines in infected mice. Data are expressed as percentages of preinfection levels. The preinfection levels of adrenalin, noradrenalin and dopamine are  $28.33 \pm 6.68$ ,  $25.63 \pm 4.84$  and  $3.64 \pm 0.87$  pmol/ml plasma, respectively. ●, adrenalin; Δ, noradrenalin; □, dopamine; vertical bars, SE.

pmol/ml. Data are expressed as percentages of normal levels (means and standard errors of 6 plasma). Adrenalin and noradrenalin concentrations decreased on the 5th ( $73.91 \pm 7.71\%$ ,  $49.30 \pm 5.84\%$ ), 7th ( $64.01 \pm 12.65\%$ ,  $50.70 \pm 14.04\%$ ) and 8th days ( $48.51 \pm 8.05\%$ ,  $45.69 \pm 12.90\%$ ) of infection. The dopamine concentration decreased on the 7th

( $53.43 \pm 16.44\%$ ) and 8th days ( $33.50 \pm 13.13\%$ ). The decreases in adrenalin, noradrenalin and dopamine levels on 8th day were significant at  $p < 0.02$ ,  $p < 0.05$  and  $p < 0.01$ , respectively.

## Discussion

Liver injuries caused by larval migration are not usually evident upon external observation. However, changes in all the examined parameters seemed to be triggered at the time of larval migration into the liver. The incidence of liver damage caused by the migration was estimated by measuring transaminase activities in the circulation. Both GOT and GPT dramatically increased on the 5th day of infection (Fig. 1). The remarkable increases in both enzymatic activities were transient and decreased thereafter. The kinetics is coincident with that of larval migration into the liver that has been reported in our separate manuscript (Komatsu *et al.*, 1996). This indicates that the liver is transiently, but definitely injured by the larvae.

The activity of a histamine-producing enzyme, HDC, increased in target organs (Fig. 2). The increase in the lung was most remarkable. The rather low *t* value of Student's *t*-test ( $p < 0.1$ ) at the peak was due to the high diversity among elevated levels of the activity ( $4.534$  to  $10.055$  pmol/organ/min). The *Ascaris* helminth contains various amines (Phillips *et al.*, 1975; Mishra *et al.*, 1984) and aromatic L-amino acid decarboxylase (Chaudhuri *et al.*, 1988). However, HDC in mammalian tissue requires pyridoxal-5'-phosphate as a coenzyme for histamine synthesis (Kahlson and Rosengren, 1968). The HDC activities shown in this report were estimated according to the assay method for this. By the method, no activities were detected in the extract of  $1 \times 10^5$  embryonated eggs. Moreover, levels of the activity are quite different between organs that contain the almost same number of larvae. These confirm that the enzymatic activities are those of endogenous HDC in murine organs.

Various cell types besides mast cells have HDC and produce histamine (Kahlson and Rosengren, 1968; El-Ackad and Brody, 1975; Håkanson *et al.*, 1976; Kawaguchi-Nagata *et al.*, 1988; Aoi *et al.*, 1989). Histamine has a variety of physiological functions (Beaven, 1978). The histamine produc-

tion is enhanced in the wounded tissue. It plays a role in the repair of wounds by causing rapid tissue growth (Kahlson and Rosengren, 1968; Yamatodani *et al.*, 1983). When HDC is inhibited, the rate of healing of wound is retarded (Kahlson *et al.*, 1960) and the collagen formation is disordered (Sandberg, 1964). The nascent rather than liberated type of histamine acts in the repair. The tissue producing nascent histamine is characterized by high histamine-forming capacity, low histamine content and low capacity to bind histamine (Kahlson, 1962). In general, wound tissues have a high histamine-forming capacity, but a high turnover rate of it. As a result, the histamine content of these tissues is very low compared with normal tissue (Kahlson and Rosengren, 1968). We observed the same phenomenon. The histamine content of the liver decreased to  $56.2 \pm 10.2\%$  on the 5th day and that of the lung decreased to  $65.1 \pm 4.6\%$  of the normal level on the 7th day of infection (Data not shown in text). Therefore, our data indicate the operation of reparative reaction to the damage in target organs.

We have shown that the histamine  $H_2$ -receptor is involved in an important function for the survival of animals under larval helminth infection (Fig. 3). Famotidine (FA) is an antagonist of the histamine  $H_2$ -receptor with about a hundred times higher affinity with the receptor and longer retention time than cimetidine. The intraperitoneal injection of a total dose of 420  $\mu\text{g}$  of FA (daily 60  $\mu\text{g}$  for 7 days) had no effect on normal mice. The same dose of FA, however, induced a lethal effect on infected mice. The administration of a much higher dose of cimetidine elicited the same effect (Data not shown). The mechanism by which the blockade of the  $H_2$ -receptor leads to the mortality of infected mice remains unclear. It can not be excluded that the blockade of  $H_2$ -receptor interferes with repair reactions.

The administration of  $H_2$ -receptor antagonist may interfere with pulmonary function. Both  $H_1$  and  $H_2$ -receptors are expressed on airway smooth muscle and the pulmonary vasculature of various mammals (Akpako, 1972; Tucker *et al.*, 1973; Woods *et al.*, 1977; Barer *et al.*, 1978; Ahmed and King, 1986). The administration of the  $H_2$ -receptor antagonist results in selective stimulation of  $H_1$ -receptor and the reverse is also true. In the pulmonary vascu-

lature, the stimulation of  $H_1$ -receptors causes vasoconstriction, whereas that of  $H_2$ -receptors results in the vasodilatation (Akpako, 1972; Tucker *et al.*, 1973; Woods *et al.*, 1977; Barer *et al.*, 1978). The stimulation of receptors is usually mediated by liberated rather than nascent histamine. Although the histamine content in the circulation was not determined in this experiment, it has been documented that the histamine forming capacity in the whole body is elevated by wounding local tissues (Kahlson and Rosengren, 1968). Therefore, the death induced by  $H_2$ -receptor antagonist may be due to the hypoxia, resulting in the additional stress to the infected mice.

The increase in corticosterone in the circulation (Fig. 4) indicates the activation of the hypothalamo-pituitary-adrenal (HPA) axis. IL-6 is an important factor that mediates the activation of the HPA axis. IL-6 stimulates the releases of corticotropin-releasing factor and adrenocorticotrophic hormone (ACTH), and can act synergistically on the ACTH-stimulated release of corticosterone (Lyson *et al.*, 1991; Naitoh *et al.*, 1988; Salas *et al.*, 1990). In the circulation of infected mice, the kinetics of corticosterone almost parallels that of IL-6 (Komatsu *et al.*, 1996). The correlation coefficient ( $R^2$ ) between them was 0.827. On the other hand, IFN- $\alpha$  inhibits HPA secretion following peripheral and central administration (Saphier *et al.*, 1994). Although we did not determine the type of IFN elevated in the infected mice, it may not be relevant to the secretion of corticosterone.

The secretion of corticosterone caused by LPS is mediated by histamine produced through the induction of histidine decarboxylase in non-mast cells (Suzuki and Nakao, 1986). In addition, endogenous histamine and  $\text{PGE}_2$ , which are released during carrageenan-induced acute inflammation, are responsible for the increase of corticosterone in both plasma and inflammatory exudate (Chio and Sin, 1992). Therefore, histamine may also relate to the secretion of corticosterone in the infected mice.

Both corticosterone and catecholamine-mediated mechanisms are operative in some stress-induced suppression of cellular immunity (Dobbs *et al.*, 1993). However, catecholamine does not seem to affect the immune system in the infected mice, because concentrations of all three catecholamines

in the circulation are significantly decreased (Fig. 5). Whether the decrease is due to the inhibition of secretion or the rapid catabolism was not tested here. It is noted that various stressors such as footshock, restraint or virus infection activate the catabolism of catecholamines at least in cerebral tissues (Dunn, 1988a; Dunn, 1988b).

In summary, larval *A. suum* infection is a complex of stimuli to induce various physiological reactions. The antigenic materials from larvae induce the B cell proliferation. On the other hand, some physiological reactions finally induce the corticosterone secretion and perturb the immune system.

#### Acknowledgments

We express our gratitude to Dr. K. Kondo (Department of Parasitology, Kanazawa University School of Medicine) for providing *A. suum* eggs.

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