# Morphological Observations of Paragonimus mexicanus from Guatemala

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## Abstract

*Paragonimus* eggs, metacercariae, and adult worms from Guatemala were morphologically examined using a light and scanning electron microscope. On average, the eggs measured 71  $\mu$ m × 42  $\mu$ m. The brown egg shell was thin and shallow pits covered the surface. The mean measurements of the fixed metacercariae were 1,156  $\mu$ m in length. The ventral sucker was larger than the oral one. On average, 25 outer-papillae were counted. The flame cell formula showed 2[(3+3+3+3+3)+(3+3+3+3+3)]=60. The adult worms fixed in 10% formalin under the pressure of a slide glass measured 8.9 mm in length × 4.2 mm in width, and the oral and ventral suckers measured 512  $\mu$ m × 640  $\mu$ m and 664  $\mu$ m × 704  $\mu$ m, respectively. The ovary was delicately branched. These results showed the features of *Paragonimus mexicanus*.

Key words: Paragonimus mexicanus; adult worm; metacercaria; egg; morphology; Guatemala.

## Introduction

Since 1968, new *Paragonimus* species have been reported from Central and South America by Little (1968), Miyazaki and Ishii (1968), Miyazaki *et al.* (1969, 1973, 1975), and Voelker and Arzube (1979). Soon after that, *P. peruvianus* and probably *P. ecuadoriensis* proved to be synonymous with *P. mexicanus* (Miyazaki, 1979; Brenes *et al.* 1980). In Guatemala, Caballero (1946, 1957) first reported *P. rudis* (Diesing, 1850) from the opossum and skunk. However, this author simply used the oldest name, *P. rudis* which is regarded as a *species inquirenda* at present, without any taxonomical discussion. Subsequently, Miyazaki and Kifune (1980) described Guatemalan *Paragonimus* as *P. mexicanus*. However, their report lacked the observations of a flame-cell pattern and an electron microscopical view. In the present study, we reexamined the Guatemalan *Paragonimus* in detail using a light and scanning electron microscope, and identified it as *P. mexicanus*.

#### **Materials and Methods**

The second intermediate hosts, *Pseudothelphusa* spp., were collected at the Quebrada San Jose (a small mountain stream) in Cuilapa and at the Rio San Diego (a small river) in Esquintla, Guatemala in August, 1994. These crabs were brought to the laboratory of San Carlos University and examined for metacercariae. All of the *Paragonimus* metacercariae without cyst walls were obtained

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from the liver and muscles of the host crabs. Some metacercariae were brought back to Japan in a crab physiological saline solution in an ice jar, and a cat was infected with the 20 metacercariae. The adult worms were recovered from the host cat at 111 days after infection. At the same time, the eggs were retrieved from the physiological saline solution maintained the adult worms.

For light microscopy, the living metacercariae were observed without staining using an ordinary light microscope or a phase-contrast microscope. The adult worms were fixed using 10% formalin under the pressure of a slide glass and stained with alum carmine.

For scanning electron microscopy, the eggs were fixed in 10% formalin and postfixed in 1% osmium tetroxide solution. The specimens were placed in 2methyl-2-propanol after dehydration through a graded series of ethanol. They were dried with a Hitachi ES-2030 freeze dryer and observed with a Hitachi S-2300 scanning electron microscope after carbon and gold coatings.

The metacercariae were fixed in 10% hot formalin for 10 min and quickly transferred into 2.5% glutaraldehyde solution at pH 7.4. The specimens were postfixed in 1% osmium tetroxide solution at a pH 7.4 for 2 h in an ice box. After dehydration through a graded series of ethanol, they were placed in isoamyl acetate and critical-point dried with liquid carbon dioxide. The dried specimens were coated with carbon and gold and observed with a Hitachi S-2300 scanning electron microscope.

## Results

# Egg

The eggs varied in shape and sizes. They measured 66 to 76  $\mu$ m (mean 71 from 20 eggs) × 38 to 46  $\mu$ m (mean 42 from 20 eggs) in fixed specimens. The brown egg shell was thin and had a thickening at the abopercular end and at the junction between the operculum and egg body (Fig. 1). Shallow pits were distributed all over the shell surface (Fig. 2).

## Metacercaria

The mean measurements of the 10 metacercariae fixed in 10% hot formalin, without a cover slip, were as follows:

body length	1,156 μm
oral sucker	$122 \ \mu m \times 122 \ \mu m$
ventral sucker	192 $\mu$ m × 189 $\mu$ m

The metacercariae (Fig. 3) had no cysts and vigorously and freely crept within the body cavity of the crab host. The entire body surface was covered with single-pointed spines (Fig. 5). Red granules were widely distributed throughout the body. Numerous papillae were grouped around the oral sucker. Two circles consisting of the inner-papillae and outer-papillae were distinctly situated on the lip and around the ventral sucker (Fig. 7). The number of inner ones (Fig. 7, IP) was consistently 6 and that of the outer ones (Fig. 7, OP) was varied ranging from 20 to 30 (mean 25 from 14 specimens). The outer ones were smaller than the inner ones. The oral sucker (Fig. 6) was smaller than the ventral one in all specimens and was armed with a small stylet that was 23  $\mu$ m in length. The mouth was followed by a pharynx and a short esophagus. After a short distance from the pharynx, the intestine (Fig. 4, I) was divided into 2 branches with 3 folds and almost reached the posterior end of the body. The excretory bladder (Fig. 4, EB) was black and was extended from the posterior end to the bifurcation of the intestine. From each lateral side of the middle part of the excretory bladder, a main collecting duct arose laterally and then divided into an anterior and a posterior secondary excretory duct. The anterior segment ran forward receiving branches at 5 points. The posterior segment branched off at 5 points as in the case of the anterior duct. Each capillary excretory duct provided with a flame cell at its tip. The 

Fig. 2 Scanning electron micrograph of an egg (bar= $50 \mu m$ ).

Fig. 1 Light microscopic observation of an egg laid in physiological saline solution.

Fig. 3 Scanning electron micrograph of a metacercaria (bar=500  $\mu$ m).

Fig. 4 Posterior half of a living metacercaria under the phase contrast microscope. I, intestine; EB, excretory bladder; VS, ventral sucker.

Fig. 5 Scanning electron micrograph of surface spines (bar=10  $\mu$ m).





3+3+3)]=60. However, we were unable to observe all of these flame cells in each specimen.

## Adult worm

The mean measurements of the 5 specimens fixed in 10% formalin under the pressure of slide glass were as follows:

body	$8.9 \text{ mm}$ in length $\times 4.2 \text{ mm}$	
	in width	
oral sucker	512 $\mu$ m × 640 $\mu$ m	
ventral sucker	664 $\mu$ m × 704 $\mu$ m	

The digestive tract consisted of a spherical pharynx, a short esophagus, and 2 thick intestines with 3 folds which reached the posterior end of the body. Cuticular spines covered the entire body surface. These spines were split at their tips. However, they had a common root (A single type group). The ovary was delicately branched as shown in the Fig. 9. The uterus contained many eggs which formed a series of coils behind the ventral sucker. A pair of testis (Fig. 10, T) were located in the posterior portion of the body and each had several lobes. An excretory bladder extended to the bifurcation of the intestine.

### Discussion

Guatemalan *Paragonimus* was initially reported by Caballero (1946, 1957) as *P. rudis*. However, his description lacked a taxonomical view. Miyazaki and Kifune (1980) reported *P. mexicanus* from Guatemala after an observation of the metacercariae and adult worms using light microscopy in an unknown report. And furthermore, they lacked the observations of a flame-cell pattern, the pits of the egg shell surface and number of outer-papillae. In the present study, we completed the morphological observations of Guatemalan *Paragonimus* with a scanning electron microscopy in particular.

The sizes of the eggs overlapped with those of *P*. mexicanus (Miyazaki and Ishii, 1968; Tongu *et al.*, 1985). However, the longest one  $(76 \,\mu\text{m})$  was smaller than that of Venezuelan *Paragonimus* (Alarcón de Noya *et al.*, 1985; Tongu *et al.*, 1990) or other Latin American *Paragonimus* (Little, 1968; Miyazaki *et al.*, 1973, 1975; Voelker and Arzube R., 1979). These results might be due to the difference between the donor hosts, opossum or cat. The pitted surface characteristics were similar to those of *P. mexicanus*.

The light microscopical observation of Paragonimus metacercariae from Latin America has been completed (Little, 1968; Miyazaki et al., 1969, 1971, 1974, 1975; Voelker and Arzube R., 1979; Lamothe A., 1979; Aji et al., 1984; Tongu et al., 1985, 1987, 1990). These metacercariae except P. caliensis cannot be morphologically classified according to their species using a light microscope. Only P. caliensis has a cyst wall and 96 flame cells. In the present study, Guatemalan Paragonimus had a flame cell formula as well as P. mexicanus metacercaria (Ito et al., 1984; Tongu et al., 1987). Aji et al. (1983) and Tongu et al. (1985, 1987, 1990) described the external morphology with a scanning electron microscope and have reported the different numbers of outer-papillae surrounding the ventral sucker in the different Latin American metacercarial strains. The average number of 25 outerpapillae in the present study was similar to those of P. mexicanus from Peru (Aji et al., 1984). However, the present Paragonimus metacercaria distinctly differed from the Venezuelan one, which has more indistinct and a fewer number of outer-papillae.

In the present study, we obtained the adult worms from a cat at 111 days after metacercariae infection. The ovary branches and testes are the most important criteria for distinguishing the species of adult worms. The Guatemalan *Paragonimus* had a delicately branched-ovary and testes divided into several lobes, and single-type spines. These morphological features were almost the same as *P*. *mexicanus*. In conclusion, we identified the Guatemalan *Paragonimus* as *P. mexicanus*.

Fig. 6 Scanning electron micrograph of anterior portion of a metacercaria. OS, oral sucker (bar= $50 \ \mu m$ ).

Fig. 7 Scanning electron micrograph of the ventral sucker of a metacercaria provided with 6 inner-papillae (IP) and 20 outerpapillae (OP). VS, ventral sucker (bar=100 μm).

Fig. 8 Adult worm fixed in 10% formalin under the pressure and stained with alum carmine. O, ovary; T, testis.

Fig. 9 Ovary stained with alum carmine. O, ovary.

Fig. 10 Testes stained with alum carmine. T, testis.

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